



Allergen Matrix

New Wave Federation 2025
Early Spring Menu Week Three



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Jerk Chicken Thighs														
Apple & Cinnamon Upside Down Cake			✓		✓ Wheat									?
Ashlyns Beef Burger					✓ Wheat								✓	
BBQ Chicken Thigh and Macaroni Cheese					✓ Wheat		✓						✓	?
Flapjack					✓ Oats, Wheat									
Freshly Cut Fruit														
Iced Vanilla Sponge			✓		✓ Wheat		✓							?
Jacket Potato			✓	✓			✓							
Jacket Potato (No Tuna)			✓				✓		✓				✓	
Omega 3 Fish Fingers				✓	✓ Wheat									
Roasted Jerk Fillet (Vegan)	✓				✓ Wheat								✓	
Saag Aloo with Butter Beans					✓ Wheat				✓					
Spinach, Potato, Coconut and Chickpea Curry					✓ Wheat								✓	
Uptake														
Vegan Feta and spinach Puff Pastry Squares					✓ Wheat									
Vegan Vegetable Burger in a Bun					✓ Wheat									
Vegan Vegetable Fingers					✓ Wheat									
Yeo Valley Organic Yoghurt							✓							

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🤔 May contain ✓ Does contain

*Allergens in brackets are a May Contain.