



Allergen Matrix

Shacklewell Spring/Summer 2024 Week Two



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Martinique Vegetable & Chickpea Curry					✓ Barley, Wheat								✓	
Spanakopita			✓		✓ Wheat (Barley*)		✓						✓	✓
BBQ Chicken Thigh			✓										✓	
Cheese and Tomato Wholemeal Quiche			✓		✓ Wheat		✓							
Chicken Nuggets	✓				✓ Wheat		✓		?					?
Chilli Beef Burrito	✓				✓ Wheat		✓							
Freshly Cut Fruit														
Frozen Yoghurt							✓							
Jacket Potato			✓	✓			✓							
Mexican Bean Burrito	✓				✓ Wheat		✓							
Oat Cookies					✓ Oats, Wheat									
Pizza Extravaganza			✓		✓ Wheat		✓							✓
R/S Lemon Drizzle Cake			✓		✓ Wheat		✓							
Sweet Potato & Lentil Korma					✓ Barley, Wheat								✓	
Uptake														
Victoria sponge			✓		✓ Wheat									
Yeo Valley Organic Yoghurt							✓							

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⚠ May contain ✓ Does contain

*Allergens in brackets are a May Contain.