

Jigsaw SRE

For parents and carers



What does the DfE say about SRE?

“High quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils for the opportunities, responsibilities and experiences of adult life. They can also enable schools to promote the spiritual, moral, social, cultural, mental and physical development of pupils, at school and in society.”

DfE 2020

SRE Guidance (2020)

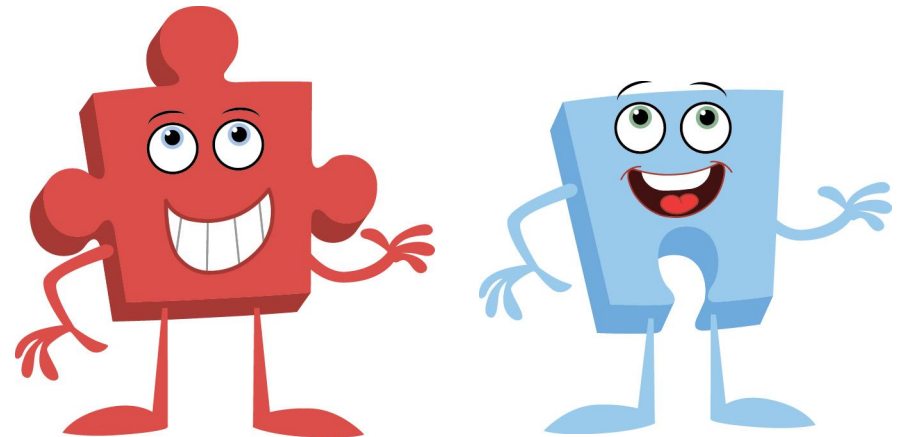
At primary school, a graduated, age-appropriate programme of SRE should ensure that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships
- Are able to name parts of the body and describe how their bodies work (In accordance to the science national curriculum)
- Can protect themselves and ask for help and support
- Are prepared for puberty

Programmes of study

Pupils should be taught:

- Ways of keeping physically and emotionally safe
- About managing change, such as puberty, transition and loss
- How to make informed choices about health and well-being and to recognise sources of help with this



What SRE can achieve for children

To enable young people to understand and respect their bodies, and be able to cope with the changes puberty brings (without fear)

To help young people develop positive and healthy relationships appropriate to their age, development, etc. (respect for self and others)

To support young people to have positive self-image and body image, and to understand the influences and pressures around them

Science and PSHE – what's the difference?

Science Key Stage 2

- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals
- describe the changes as humans develop to old age
- learn about the changes experienced in puberty

PSHE Key Stage 2

- how their body will change as they approach and move through puberty
- about human reproduction
- how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
- how to recognise and manage emotions within a range of relationships
- how to recognise risky or negative relationships including all forms of bullying and abuse
- how to respond to risky or negative relationships and ask for help
- how to respect equality and diversity in relationships

Year 3 scheme of work:

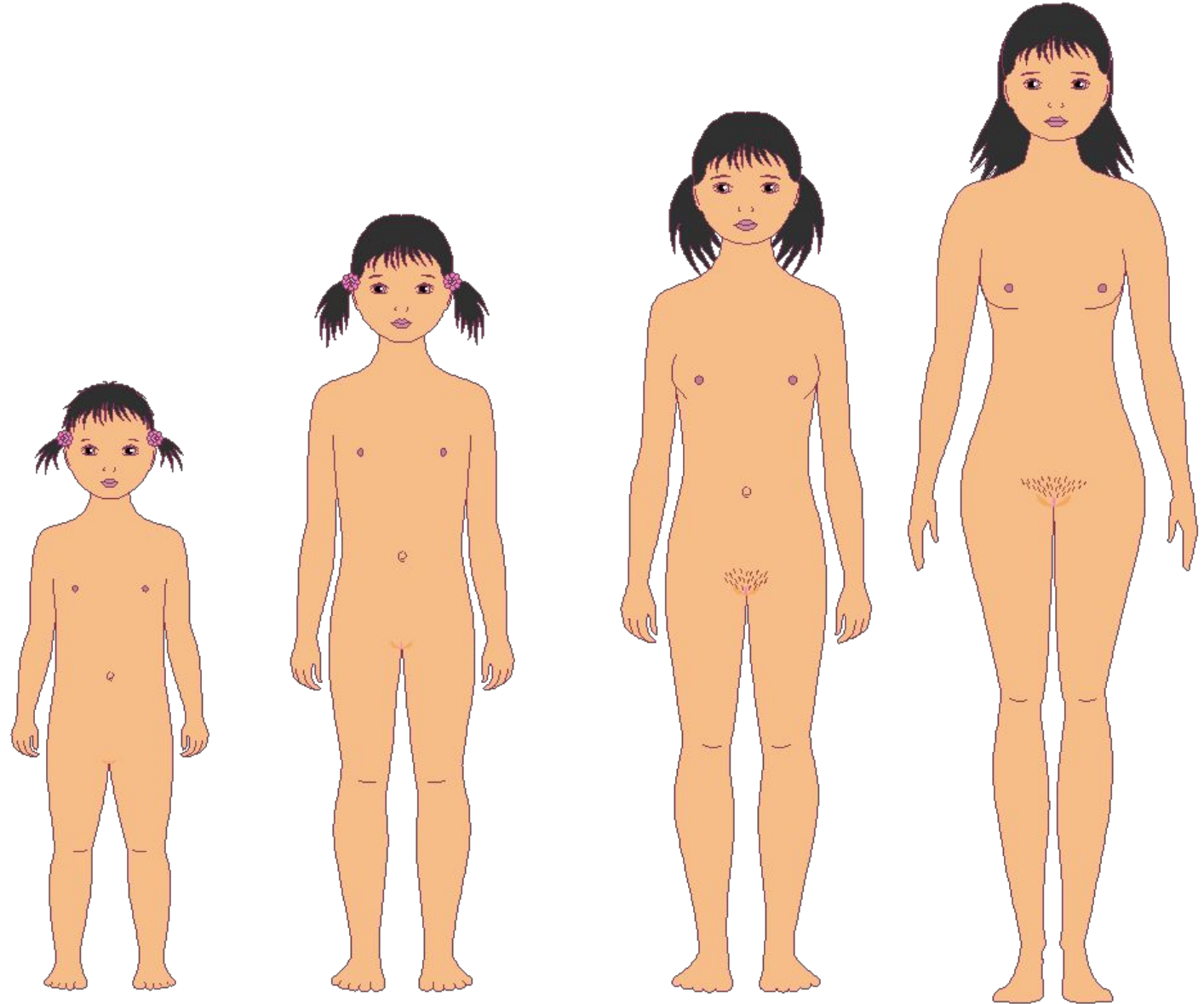
Year 3 :

Outside body changes - How our bodies need to change so they can make babies when we grow up - outside changes and how we feel about them

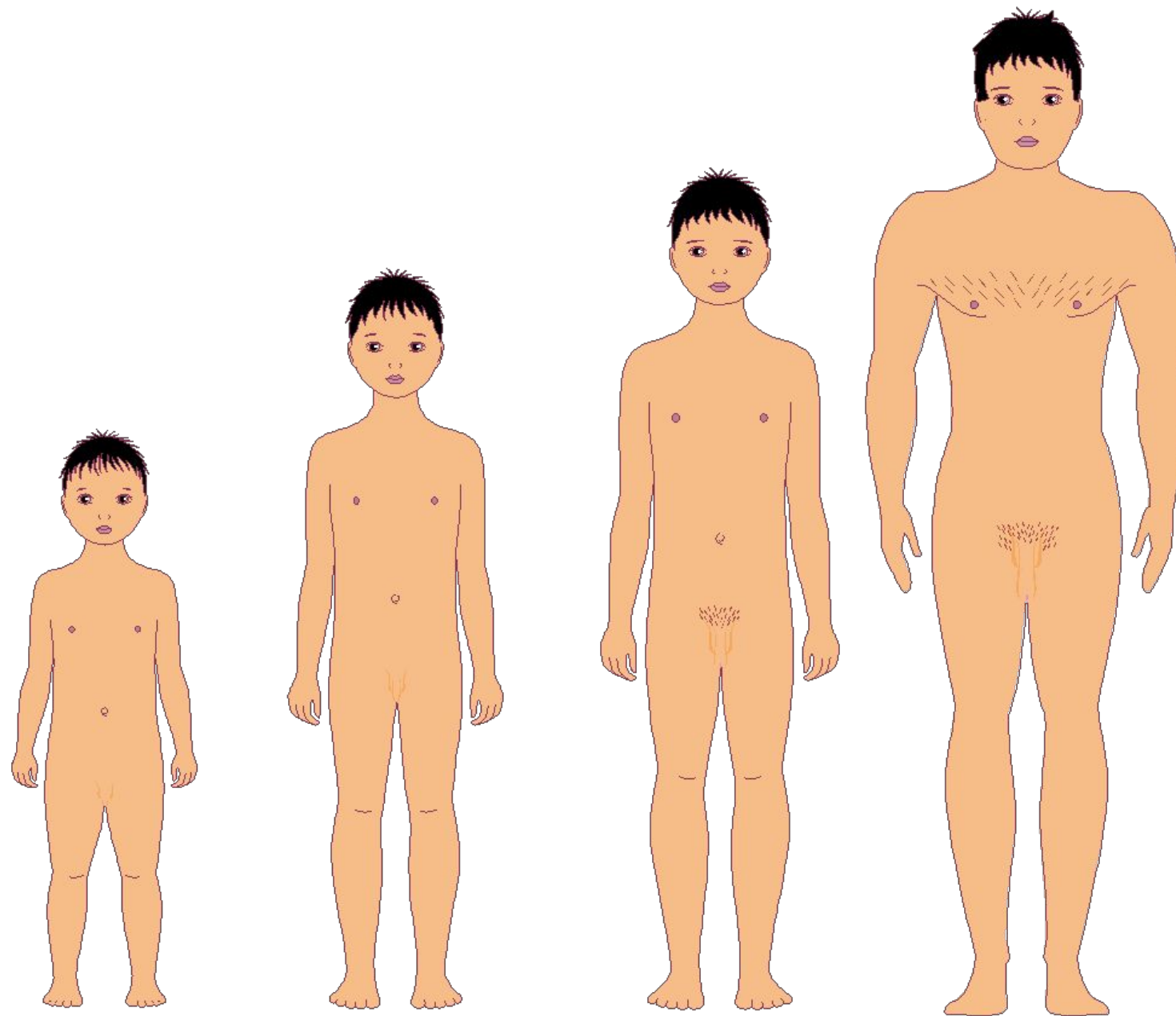
Inside body changes - How our bodies need to change to they can make babies when we grow up - inside changes and how we feel about them



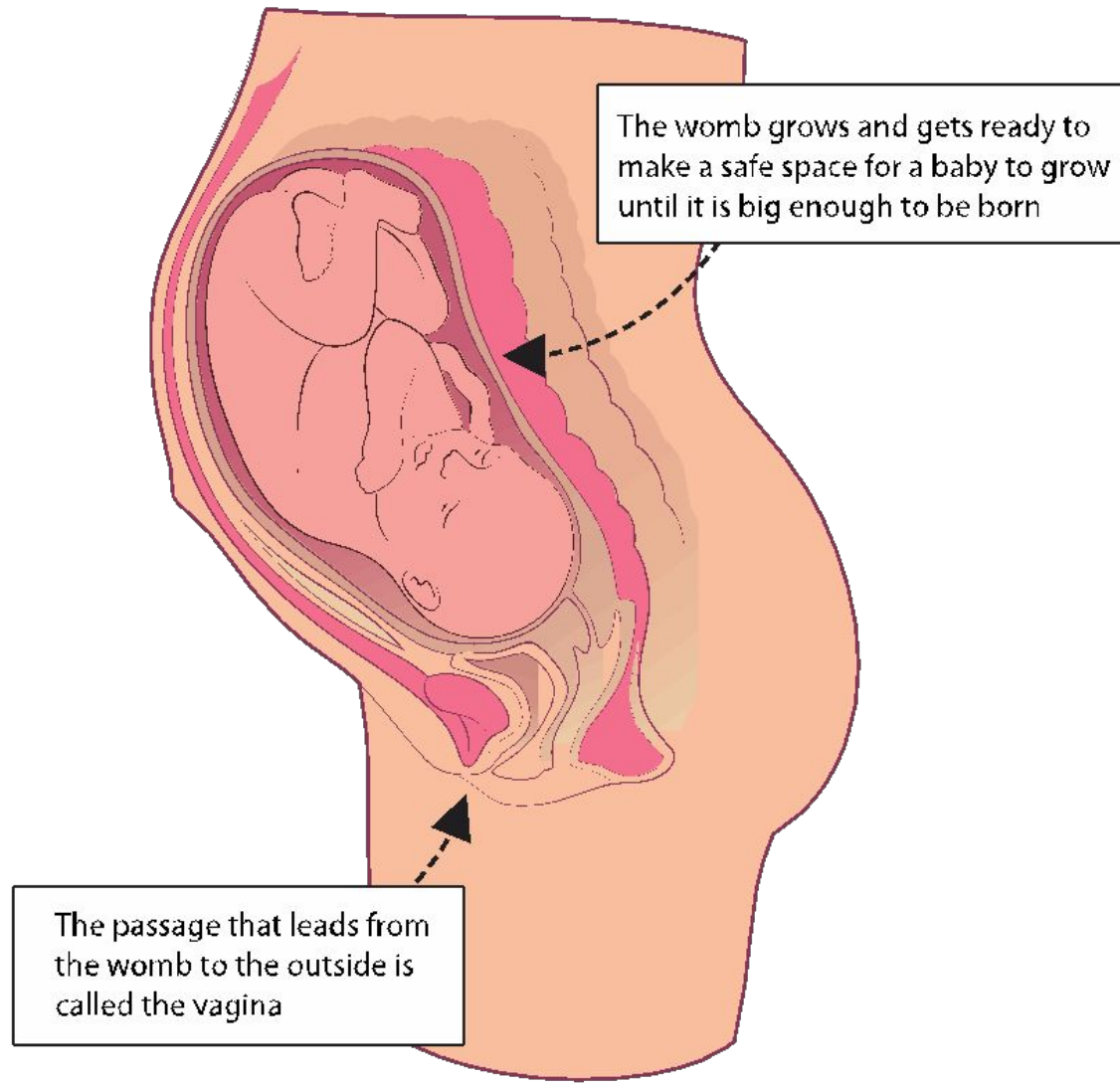
Content for Year 3



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Content for Year 3



Don't forget...

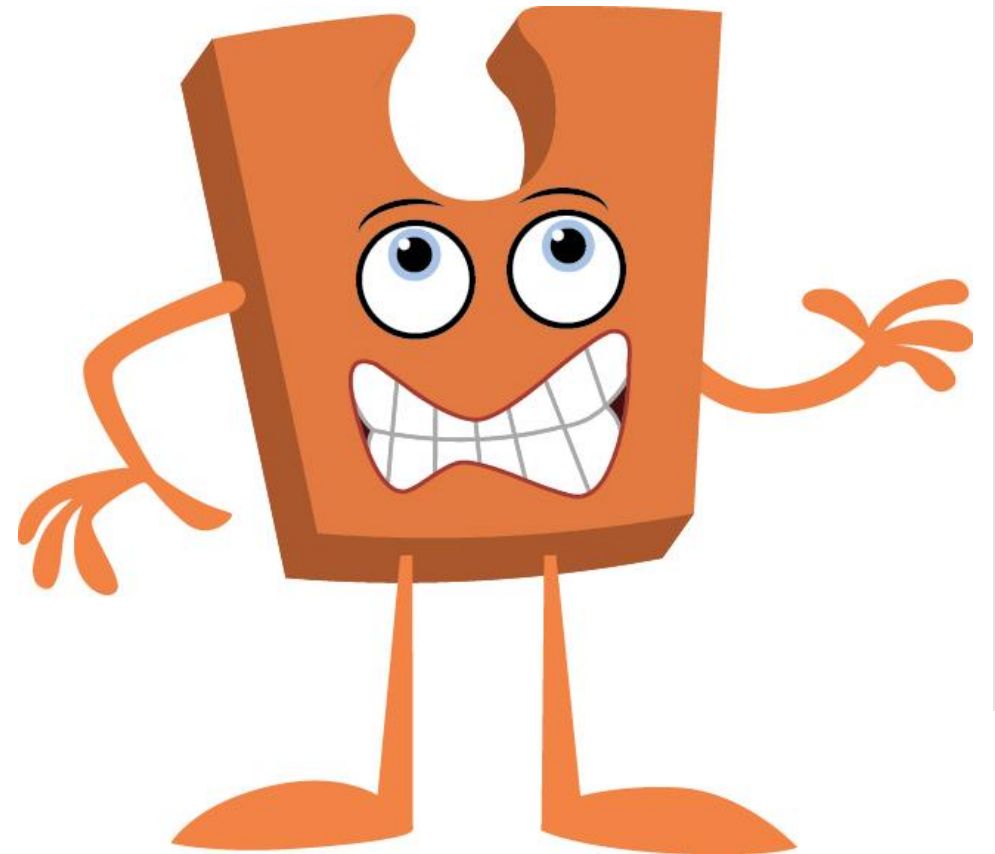
We are educating children and young people to live in the real world, with all its contradictions

When it comes to sex, children's heads are probably not empty – but they may be full of myths and half-truths

We mustn't let our adult knowledge of sex prevent us seeing things from the child's perspective

Our focus should be on building healthy attitudes and positive relationships, not just fighting off perceived threats

Questions





Thank you!