



Shacklewell Primary School
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Executive Headteacher: Mrs Michelle Thomas
Headteacher: Ms Nicole Reid

Tuesday 16th May 2017

Dear Parents and Carers,

Re: SRE – Parent/Carer Sessions

At Shacklewell we teach the PSHE curriculum using Jigsaw PSHE: a comprehensive scheme of work used from Year 1 through to Year 6. Next half term, each class will be studying the **Jigsaw Puzzle: *Changing Me***.

This Puzzle is a graduated, age-appropriate programme of SRE (Sex and Relationship Education) which ensures that all children develop confidence in talking, listening and thinking about feelings and relationships; are able to name parts of the body and describe how their bodies work; can protect themselves and ask for help and support; are prepared for puberty.

The SRE content from Year 1 to Year 6 is developmental and starts early on:

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| Year 1 | Body parts – boys and girls. |
| Year 2 | Body parts and respecting privacy; |
| Year 3 | How babies grow and how our bodies change as they grow older; |
| Year 4 | Internal and external reproductive body parts, body changes in girls and menstruation; |
| Year 5 | Puberty for boys and girls, and conception; |
| Year 6 | Puberty for boys and girls and understanding conception to birth of a baby. |

Class teachers will be holding sessions for parents and carers in their classrooms, from **3:45pm – 4:15pm** on **Monday 22nd May 2017**. The aim of these sessions is to provide the context, principles and practice for teaching high quality Sex and Relationships Education and for you to become familiar with the Jigsaw '*Changing Me*' Puzzle, the materials and approach.

We hope that the sessions will be useful and informative and we look forward to seeing you there.

With best wishes,

Nicole Reid
Headteacher