



**Shacklewell Primary School**  
**Shacklewell Row, London E8 2EA**  
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*Executive Headteacher: Mrs Michelle Thomas*  
*Headteacher: Ms Nicole Reid*

Tuesday 7<sup>th</sup> November 2017

Dear Year 5 families,

In line with our new healthy eating policy, Shacklewell are attending the 'Eat like a champion' event, that promotes healthy nutrition and diets.



- Who-** 5S & 5W
- When-** Monday 13<sup>th</sup> November 2017. We will be leaving Shacklewell at 12.45pm and returning to school no later than 4pm.
- Where-** The Auditorium, Stratford Circus Arts Circus, Theatre Square, Stratford, London, E15 1BX
- Why-** To take part in the Eat Like A Champ and Sports Showcase Event.
- How-** We will be travelling on the Overground from Dalston Kingsland to Stratford followed by a short walk. Please ensure your child dresses appropriately for the weather (a waterproof jacket and walking shoes are best).
- Contribution-** This trip is FREE. Please do ensure you complete and sign the consent form below. Do note, whilst the children will be exploring healthy eating we will not be eating at the event.
- Packed Lunch-** No packed lunch needed a usual lunch arrangements apply (children will have an earlier lunch).

**THE CHILDREN WILL NEED TO HAVE A SIGNED PERMISSON SLIP IN ORDER TO GO**

If your child is asthmatic, please ensure that their medication is in school, as your child will need to bring it with them. Please sign and return the slip below as soon as possible.

Warm wishes,

**Mr Middleburg & Mr Spencer**  
**Year 5 Class Teachers**

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I do / do not give permission for my child.....in Class..... To attend the 'Eat Like A Champ' event on Monday 13<sup>th</sup> November at Stratford Circus Arts Centre.

My child needs to take the following medication with them.....

Signed.....Date.....

